

**OIL FROM I(MOMORDICA CHARANTIA L.,) ITS METHOD OF PREPARATION AND USES****Field of the invention**

The invention relates in general, to a novel oil extracted from the seeds of  
10 *Momordica charantia* L., (bitter gourd), its preparation and use as anti-inflammatory , anti-arthritis, vasculodilatory and wound healing agent.

**Background**

The invention relates to a novel oil extracted from the seeds of *Momordica*  
15 *charantia* L., (bitter gourd). *Momordica charantia* is a perennial herb of the family Cucurbitaceae, widely grown in Asia. The herb is endemic to tropical countries like India, S. Africa, Philippines, China and Burma. The species of *Momordica* found in western countries are different from the tropical species in that, the plants differ in morphological and organoleptic properties. Various  
20 parts of this plant, especially the fruits, have been widely used for preparation of hypoglycemic pharmaceutical compositions.

The extract/juice of the fruit is known to exhibit hypoglycemic properties and often recommended to reduce the blood sugar levels in patients suffering from  
25 diabetes mellitus.

**Description of related Prior Art**

Natural oils from various plant sources have been used in variety of applications. For instance, US Patent 5,916, 573 discloses grapeseed oil for tropical  
30 application on the skin. Similarly, US Patent 5,900,240 discloses herbal compositions and their use as hypoglycemic agents. The composition of this

Patent comprises a mixture, of which the extract of *Momordica charantia* is one ingredient. This composition attends only to hypoglycemic conditions.

Various pharmaceutical compositions employing extracts from *Momordica charantia* are available in the market. However, most of these compositions are for oral administration and do not attend to the external manifestations and pathological conditions such as inflammations and wounds. Though, *Momordica sp.* has been the subject of extensive study all over the world, there is no literature on oil extracted from *Momordica charantia L.* In fact, there is a dearth of oil exhibiting anti-inflammatory, vasculodilatory, anti-arthritic properties in the market. As such, there is no report in literature on oil extracted from *Momordica charantia L.* In other words, the present invention is the first detailed study on *Momordica* oil and its properties.

# **Objects of the invention**

It is an object of the invention to provide oil extracted from the seeds of *Momordica charantia L.* and a composition prepared therefrom.

Another object of the invention is to provide a method for the extraction of oil from the seeds *Momordica charantia L.*

Yet another object is to provide a method for the treatment of inflammations, wounds, arthritis, neuropathy developed due to diabetes mellitus and vasculodilatory conditions in humans and animals.

Still another object of the invention is to provide an oil composition comprising the oil from *Momordica charantia L.* mixed with any suitable pharmaceutically acceptable additives/carriers.

Further, the invention provides a method for the extraction of oil from the seeds of *Momordica charantia* L., comprising the steps of:

- (i) grinding the dry seeds to a fine powder in a suitable mill,
- (ii) treating the pulverized seeds with a mixture of non-polar solvents,
- 5 (iii) allowing the mixture to stand for 48 hours at room temperature so that the oil separates out,
- (iv) collecting the oil from the supernatant layer using a separatory funnel,
- 10 (v) refluxing the mixture obtained in step (vi) with any non-polar solvent to remove the last traces of oil, and
- (vi) purification of the oil by precipitating the salts with impurities in it.

15 In one embodiment, the seeds of *Momordica charantia* L., are split, washed thoroughly with water, 2-3 times to render it substantially free from impurities and dried under vacuum, before using the seeds for extraction of the oil.

In another embodiment, the non-polar solvents used for extraction of oil may comprise a  
20 mixture of acetone with an aromatic or aliphatic hydrocarbon selected from the group of benzene, hexane, petroleum ether and ethyl ether.

In yet another embodiment, the ratio of acetone to the aliphatic or aromatic hydrocarbon in the non-polar solvent mixture may be 2:1.

25 In yet another feature, 2-5% zinc acetate dissolved in water may be used to precipitate the proteins and other impurities in the oil.

In another feature, the oil extracted is analyzed for its fatty acid contents using gas liquid  
30 chromatography (GLC).

It may be noted that most of the plant parts of *Momordica* contain the oil disclosed by the invention, in varying degrees. As such, the oil may be extracted using any plant parts preferably seeds.

35 A novel oil composition comprising oil extracted from the seeds of *Momordica charantia* L 70 to 80% by wt., one or more vegetable oils-15 to 25% by wt., fragrance oil - 3% by wt, essential oil - 1% by wt, and at least one perfume component - 2% by wt.

SUBSTITUTE SHEET (ART 34)

In accordance with the present invention, the oil obtained from the seeds of *Momordica charantia* L., is thick reddish-orange in colour, having bitter taste. The oil extracted by the method described hereinabove is obtained in 98.5% purity. The oil is water immiscible. However, it is soluble in non-polar solvents like benzene, petroleum ether, ethyl ether, acetone and hexane.

The applicant through continued usage and after rigorous experimentation has found that the oil exhibits anti-inflammatory, anti-arthritis, vasculodilatory properties as it contains several unsaturated components like linoleic acid, oleic acid etc which are known for their antioxidant & anti-inflammatory properties.

It is found that the oil extracted from *Momordica charantia* L., is very thick and it is preferably used with diluents. Preferably, the oil may be mixed with other essential or vegetable oils. The essential oils that may be mixed with the oil from *Momordica charantia* could be selected from coconut oil, sesame oil, sunflower oil, olive oil, palm oil, groundnut oil or any such food grade oil. Further, it is found that when such food grade oils are mixed with the oils of *Momordica*, the penetration of the oil mixture into the outermost layers of the skin is enhanced to a great extent. The *Momordica* oil composition of the invention is prepared by mixing the 75% of the oil of *Momordica charantia* L., with vegetable oils selected from coconut oil, sesame oil sunflower oil, palm oil, olive oil or groundnut oil.

*Momordica charantia* oil composition may be prepared by mixing the oil extracted from *Momordica charantia* L., with vegetable oils and essential oils. The composition may also include, if desired, a botanical fragrance oil such as lavender oil, sandalwood oil, rose oil and geranium oils. The oil composition may further include a perfume component or other pharmaceutically acceptable additives. The oil composition is generally in the form of oil, cream, lotion, gel, capsule

Figure 3 represents the gangrenous wound on the left foot of the male patient in example No.6 prior to the treatment.

Figure 4 represents the condition of the wound on the same patient one month after application of the oil composition of the invention.

- 5 Figure 5 represents the condition of the foot of the same patient two months after application of the oil composition of the invention.

The invention is described in detail with respect to the following examples which are provided as illustrative embodiments only. These examples should not be  
10 construed to limit the scope of the invention in any manner. Modifications and alterations of the invention that may be apparent to those in the art are deemed to be included within the scope of the invention.

**Example - 1. (Oil preparative example)**

15

Extraction of oil from *Momordica charantia* L. :

100 gms of dry seeds were taken from the ripe fruits of *Momordica charantia* L.,. The seeds were split. The split seeds were then thoroughly washed with water 3-4 times to render them substantially free of all impurities. The seeds were then  
20 dried under vacuum and pulverized to a fine powder using a milling device.

Any other conventional device may also be used. The fine powder was then treated with acetone hexane solvent mixed in the ratio 1:2. The mixture was stirred thoroughly and allowed to stand for 48 hours at room temperature. The oil layer  
25 was separated. The oil that separates out as supernatant layer was collected. The oil was then treated with 2-5% zinc acetate dissolved in water so that the salts, last traces of proteins and other impurities are precipitated. The oil was centrifuged and analyzed on gas-liquid chromatograph. The oil purified using gas liquid chromatograph showed the presence of the following fatty acids:

Capric acid 0.8%

Lauric acid 0.70%

Palmitic acid 4.8 %

5 Stearic acid 60.3%

Oleic acid 13.0%

Archidic acid 3.0% and

Linoleic acid 10.0%

10 Other minor undetected components and acids 6.4%. The oil also contains esters  
and other undetected minor ingredients.

**Example 2:** Extraction of oil from *Momordica charantia* L.

200 gms of dry seeds were taken from the ripe fruits of *Momordica charantia* L.,

15 The seeds were split. The split seeds were then thoroughly washed with water 3-4 times to render them substantially free of all impurities. These seeds were then dried under vacuum and pulverized to a fine powder using a milling device.

Any other conventional devices may also be used. The fine powder was then treated with acetone benzene solvent mixed in the ratio 1:2. The mixture was stirred thoroughly and allowed to stand for 48 hours at room temperature. The oil in the supernatant layer was separated using a separatory funnel. The filtrate was refluxed with acetone-benzene and the process was repeated 2-3 times to separate out the last traces of oil. The oil that separates out as supernatant layer was collected. The oil was then treated with 2-5% zinc acetate dissolved in water so that the salts, last traces of proteins and other impurities are precipitated. The oil was centrifuged and analyzed on gas-liquid chromatograph.

The oil purified using gas liquid chromatograph showed the presence of the following fatty acids:

- Capric acid 0.9%
- Lauric acid 0.70%
- 5 Palmitic acid 4.8 %
- Stearic acid 60.1%
- Oleic acid 13.81%
- Archidic acid 3.28% and
- Linoleic acid 10.00%
- 10 Other minor undetected acids 6.11%.

The oil also contains esters and other undetected minor ingredients.

### Example 3: Preparation of oil composition

- 15 The oil extracted from *Momordica charantia* L., as discussed in preparative examples 1-2 was kept in a beaker. Pure sesame oil was added to it in the ratio 3:1. The mixture was stirred continuously and thoroughly for 4-10 hours. Thereafter, fragrance oil like sandalwood oil as well as a perfume component were added to the mixture and stirred continuously and thoroughly for 4-10 hours. The
- 20 formulation thus prepared stored in a container in a cool dry place.

The oil composition of the present invention can be formulated in a wide variety physical forms which include solutions, lotions, creams, oils, gels, sticks, sprays, ointments, balms, pastes, aerosols etc.

25

For preparation of an ointment, the active ingredients of the oil composition can be incorporated in any pharmacologically acceptable carrier, which is suitable for topical administration to the human skin. As such, the pharmacologically acceptable carrier must be of sufficient purity and have low toxicity to render it

suitable for administration to a human. The carrier may represent a major portion of the total portion of the composition from at least 80%.

The composition of the invention may be formulated as a cream using a suitable carrier system.

A formulation may be prepared by introducing the oil composition into a lotion vehicle comprising glycerin, mineral oil, glycol stearate and other additives commonly known as Vasline Brand Intensive care lotion.

10

The following oil composition of the invention was prepared :

	Capric acid	0.9%
	Lauric acid	0.8%
	Palmitic acid	4.2 %
15	Stearic acid	60.90%
	Oleic acid	13.30%
	Archidic acid	3.20% and
	Linoleic acid	9.80%
	Other minor undetected components and acids	6.90%

20

Creams, lotions, gels and other forms of the oil composition were made and tested as illustrated in the following examples:

#### Case Histories:

25

The following are examples of a series of confirmed cases of patients suffering from arthritis, diabetes, open wounds, inflammations etc, treated with the oil composition of the invention. Generally, the medication comprised topical application of the oil composition (in various forms such as gels, lotions,

suspensions, creams, etc.). The age group of these patients ranged from 30-80 years. The average duration of illness in the population was more than 5-6 years. All the patients prior to the treatment with the composition of the invention were using standard causes of therapy, exercise etc. Upon commencement with the oil composition as disclosed herein, the patients refrained from using other medications, except yoga and exercises. Specific excerpts from each case history is disclosed in the following examples.

#### Example 4 :

A 30 year old Female working as a Receptionist had a bruise at her right elbow. The oil composition was applied to the bruise caused at the elbow. The elbow was first cleaned and dried and the oil composition was applied slowly using a cotton swab. The oil composition was regularly applied after every 4 hours, for about 3-5 weeks. At the end of 15 days, the bruise healed completely.

#### Example 5:

The subject was a 65 year old male. This patient had a gangrenous wound on his right foot. The gangrene was in its advanced stages. It was a severe case of gangrene affliction. As there was no fresh blood supply, no healing constituted veins. The oil formulation of the invention was applied by the patient for about 10-12 weeks topically. After each application, the patient reported relief from the pain he suffered. At the end of the 6<sup>th</sup> week itself, the wound started drying up and eventually after the 12 week the wound had healed completely. Figs 1 depicts the gangrenous wound at the time of commencement of the treatment using the oil formulation of the invention. Fig 2 shows the dried wound at the end of the 12<sup>th</sup> week of the treatment.

**Example 6:**

A 45 year old female patient. This patient was chronic diabetic. She had a gangrenous wound on her left leg. The patient commenced application of the oil of the invention in the month of July 1997. After 1 month of usage, the patient found great relief. The wound had started showing signs of drying up and the patient also experienced relief from pain. At the end of 14 weeks itself, the wound had healed up completely and dried.

**Example 7:**

In one case, a 52 year old male had a leg ulcer, three to four inches in diameter. The ulceration was due to destruction of cellular components in the area. The patient was on standard medication. The patient cleaned the wound and applied the oil composition to the affected area daily every 4 hours. The treatment continued for 4 months. At the end of the second month, the wound had stunted drying up and showed signs of healing. After the third month, the healing was far advanced. By the end of the fourth month, the wound had healed completely and the tissues had commenced regeneration.

**Example 8:**

The next case involves a 53 year old market researcher based in Delhi, India, having a wet gangrene of the second toe with neurotic nail bed. The subject was unable to walk and was in great pain. He commenced usage of the oil composition of the invention, applying it about 3 times a day. The treatment continued for 2 months at the end of which, the nail, its bed as well as the toe had healed completely. After the third month, the subject had a normal toe.



**Example 11:**

A 32 year old female, working as a typist was suffering for more than a year, from  
5 spondylitis. The patient was advised to apply the oil composition of the invention  
regularly 3-4 times a day with massaging of the afflicted area. The medication  
gave her relief from pain in the 2<sup>nd</sup> week itself. After 3-4 weeks, the patient could  
rescue neck movements. Full movements were observed after 12 weeks.

**10 Example 12:**

In one case, a female Laboratory Assistant aged 42 years had developed varicose  
vein. The native of her occupation required her to stand for long hours and she  
had the habit of wearing high heeled shoes. As a result, the leg muscles were  
15 stretched for long hours without relaxation. The entire body weight concentrated  
on her joints and ankles.

The stress caused capillaries to burst at the calf and blood that accumulated in the  
leg could be seen as blue spots and thick veins.

20

The Patient was recommended exercise and was advised to massage the oil  
composition of the invention at least 4 times a day. After 3 weeks, it was observed  
that the blue spots spread and after treatment for 10 weeks, the spots disappeared.

**25 Example 13:**

A 48 years old woman, working as an administrator in a firm, complained of  
osteoarthritis. She had telescoping of the proximal interphalangeal joints of the left  
index finger. Minimal fusion was observed in the phalanges of both hands.

The patient was advised to apply the oil composition of the invention about 4 times a day, coupled with regular exercise. The patient reported relief from pain after 2 weeks, she reported restoration of function of both hands.

5

**Example 14:**

A manager aged 58 years, employed in a Bank, was suffering from diabetes mellitus. He also reported neuropathic symptoms with the rise in blood level.

10 This patient was advised to apply the oil composition of the invention 4 times a day on his legs. He experienced relief and after 18 weeks reported complete relief from these symptoms.

**Example 15:**

15

A dog aged 3 years was wounded in a dog fight. The dog had a grievous wound on its left foreleg. The wound was about 1 cm. in diameter and about ½ mm deep. The wound was cleaned and the oil composition of the invention was applied to it regularly after every 4 hours. After 10 days the wound started drying up giving  
20 rise to regeneration of tissues at the site of injury. After 30 days it was found that the wound had completely healed.

**Example 16:**

25 A horse aged 4 years was injured by a nail at the stable. The wound was 3 cm long and about ½ mm deep. This wound was cleaned thoroughly and the oil composition of the invention was applied to it nearly 3 – 4 times a day. After 10 days, sufficient amount of the tissue had grown over the wounded area and after 25 days, complete healing was observed.

S. No	Sex of the patient treated	No of patients	Disease/pathological condition	General observations
1.	Females	85	Gangrene	The oil composition of the invention was applied for about 25 weeks for complete healing.
2.	Male	125	Gangrene	The oil composition of the invention was applied for about 20-30 weeks for complete healing.
3.	Female	32	Spondylitis	The patients suffered spondylitis from the neck region and the lumbar region. Upon application of the oil composition for about 6-12 weeks, the patients experienced relief and could resume normal functions.
4.	Male	65	Spondylitis	The patients suffered from pain in the neck, lumbar and lower back. Oil composition of the invention was applied for 6-15 weeks for complete relief.
5.	Female	63	Rheumatoid arthritis	Patients suffered from pain in the joints. Oil composition of the invention was applied for 6-10 weeks for complete relief.
6	Male	56	Rheumatoid arthritis	Patients suffered from pain in the joints. Oil composition of the invention was applied for 6-12 weeks for complete relief.
7	Female	45	Neurophathic diabetes	Patients suffered from muscular pain in the legs and hands. The oil composition was applied for 15 weeks for complete relief.
8	Male	73	Neurophathic diabetes	Patients suffered from muscular pain in the legs and hands. The oil composition was applied for 15 weeks for complete relief.